

## **Luncheon Keynote Speaker: Christian Moore, M.S., L.M.S.W.**

### **Flipping the Resilience Switch**

Resilience is something we're all born with: from the homeless person on the street to the Harvard grad. Most of us just haven't learned how to breakthrough to what's already inside of us. Mr. Moore draws on his experience of growing up with learning disabilities in the inner city, to help explain why some people are able to thrive under any circumstances while others crumble from small challenges. Learn how anyone can "flip the resilience switch" by tapping into the four sources of resilience: street, relational, resource, and rock bottom.



**Learning Objectives:** Participants will leave this session better equipped to help clients and students become career and college ready, thrive in the face of obstacles, and see the importance of the choices they make today. Participants will be able to look at their challenges differently. Instead of allowing challenges to bring them down, they'll learn how to transform them into positive motivation to help them succeed in life.

Mr. Moore is a renowned author, speaker, and licensed clinical social worker. He spent most of his childhood years on the streets near Washington, D.C. Due to learning disabilities, counselors informed him that college was not an option. However, he defied the odds.

As a social worker, he saw the need for a new approach and created WhyTry. Mr. Moore's personal mission is to ensure that all youth are given the opportunity to succeed.

**His newest book is available at a discount when you register.**