



South Carolina  
Counseling  
Association

# PALMETTO COUNSELOR

Vol. 44  
Issue 2

WINTER 08-09

CONFERENCE • 2009

## 45TH ANNUAL CONFERENCE *Celebrating 45 Years of Excellence*

February 5-7, 2009  
Myrtle Beach Marriott Resort at Grande Dunes

### Keynote Speaker Susan Miller



International speaker and “Workplace Motivator™” Susan Miller has energized audiences for over a decade in thirty-nine states and six countries, from Akron (Ohio) to Auckland (New Zealand).

With two masters degrees and a “B.A. in Burnout,” Susan connects with her audience using humorous stories from her background in education and government and her experience as a teacher, small business owner, special assistant to the Mayor of Louisville, Kentucky and one-time-only bungee jumper!

Susan’s first book, *Oomph Power! How to Get Re-Energized for Outrageous Success* was published in 2003 and re-printed in 2006.

Susan’s second book, *STAY Positive! The Top 40 Ways to Live and Work in The Positive Zone®....No Matter What!* will be published in early 2009.

A native of Evanston, Illinois, Susan holds a Bachelor of Arts degree in Education and Theatre from Indiana University, a Master of Arts degree in Education and a Master of Science degree in Library Science from Spalding University.

For over fifteen years, Susan has spent every Saturday afternoon with a group of kids who live in Louisville’s public housing projects. Susan started the “Saturday Club” to provide mentoring, encouragement and fun for “at-risk” kids, grades 4-12.

### IN THIS ISSUE:

Greetings from Jan Janarella .....	2	SCCA Leadership Directory .....	9-10
2008-2009 Budget .....	2	An Ethics Quiz for Counselors .....	10
Pre- and Post-Conference Workshops .....	3-5	SCCA Officer/Award Nominations .....	11-12
Conference Committee .....	5	2009 SCSCA Conference .....	13
Conference Registration Form .....	6	2009 SCAPT Conference .....	14
Conference Schedule .....	7	SCCA Membership Application .....	15
Conference Hotel Reservation Form .....	8	NCSGL Awards .....	16

# Greetings from SCCA President Jan Janarella



Greetings to all!

Executive Secretary Linwood Floyd, President-Elect Philip Scriven, and I as your President have just returned from a very successful and productive Southern Region Conference in Little Rock, Arkansas. We shared many opportunities for professional and leadership growth as well as capitalized on information gathered

from neighboring states regarding speakers for the February conference that will take place at the Marriott Resort at Grande Dunes February 5-7. We also spent time hammering out many details concerning the conference. I am looking forward to all of you attending this year.

We have invited a very dynamic and interesting speaker, Susan Miller, who resides in Kentucky and speaks often to audiences of 350 to 900. She will present a half-day pre-conference workshop on turning your workplace

into a positive zone. The second half will focus on stress management skills for us. Additionally, Susan will present at our awards luncheon. She has been highly recommended. Please check the new website for session names and presenters at [www.sccounselor.org](http://www.sccounselor.org) as well as the hotel and conference registration forms and details on Susan Miller.

Mary Jane Anderson has a great line-up of exhibitors who will be with us to showcase and sell their products and ideas. Special entertainment will occur and numerous door prizes will be awarded, including a free weekend at the Resort.

I would like to thank the board members and especially Philip Scriven for the outstanding planning behind the scenes for this event.

I hope all of you have a great holiday and enjoy your family and friends. I look forward to seeing you in February!

Jan Janarella, SCCA President

## Budget for 2008-2009

Category Description	7/1/2008 Actual	Budget	6/30/2009 Difference
<b>INCOME</b>			
13040 Income	0.00	82,400.00	-82,400.00
<b>Total Income</b>	<b>0.00</b>	<b>82,400.00</b>	<b>-82,400.00</b>
<b>EXPENSES</b>			
11003 President	0.00	4,285.00	4,285.00
11005 President Elect	0.00	4,280.00	4,280.00
11007 Past President	0.00	100.00	100.00
11008 President's Contingency	0.00	1,000.00	1,000.00
11009 Treasurer	0.00	50.00	50.00
11011 Secretary	0.00	75.00	75.00
11013 Executive Council	0.00	2,350.00	2,350.00
13020 Ethics	0.00	50.00	50.00
13030 GLW Legislative Activities	0.00	9,875.00	9,875.00
13040 Membership Development	0.00	800.00	800.00
13050 Newsletter	0.00	13,100.00	13,100.00
13060 Nominations and Elections	0.00	115.00	115.00
13080 Publicity	0.00	75.00	75.00
14050 Awards and Recognition	0.00	500.00	500.00
14110 Bylaws and Archives	0.00	110.00	110.00
14150 Graduate Student Interest Group	0.00	50.00	50.00
14210 Human Rights	0.00	50.00	50.00
14310 Long-Range Planning	0.00	50.00	50.00
14350 Professional Leadership	0.00	225.00	225.00
14410 Public and Interprofessional Relationships	0.00	50.00	50.00
29001 Administration	0.00	19,910.00	19,910.00
29005 Conference	0.00	25,300.00	25,300.00
<b>Total Expenses</b>	<b>0.00</b>	<b>82,400.00</b>	<b>82,400.00</b>
<b>OVERALL TOTAL</b>	<b>0.00</b>	<b>0.00</b>	<b>0.00</b>

# SCCA PRE-CONFERENCE AND POST-CONFERENCE WORKSHOPS FOR 2009

THURSDAY, FEBRUARY 5

9:00 AM – 12:00 PM



## Tuning Up and Tuning In: The Therapeutic Use of Music

Jennie P. Band, Ph.D., MT-BC, LPC-S

In this hands-on workshop, participants will experience the power of music and learn a variety of techniques for using music in the counseling setting. The workshop participants will be able to understand the characteristics of music and implications for therapeutic use and to select music and music activities most appropriate for various counseling issues.

**Jennie Band** is a board-certified music therapist and licensed professional counselor/supervisor. She works as an elementary school counselor in the Newberry School District, maintains a counseling/music therapy private practice in Columbia, and teaches as an adjunct professor in the graduate counseling program at Webster University.



## Meeting the Counseling Needs of Primary and Elementary Students: Getting Started Using Play Therapy

Norma Kimrey Colwell, Ed.S., LPCS, RPTS,  
NCC, NCSC; Susie Brown, M.Ed., LPC, RPTS,  
NCC, NCSC; and Lécole Johnson, MSW, LMSW

The presenters plan to explore the fundamentals of play therapy and counseling and to explain the way this intervention can be introduced into a school setting by the school counselor and the school-based behavioral health counselors. This workshop is especially targeting those counselors and mental health therapists working in a school setting with young children who are not being reached with other counseling intervention. Strategies for introducing play therapy into a school will

be explored using a PowerPoint overview, lecture, discussion, life experiences, experiential activities, plus handouts for providing a rationale to offer play therapy/counseling in a school setting.

**Norma Kimrey Colwell** (top) is a Registered Play Therapist and LPCS as well as a SCLMFT. She works as a school counselor in the Fort Jackson Schools. Mrs. Colwell serves as the Professional Development Chairperson for SCCA and SCSCA. She is a past SCSCA President and serves as the Continuing Education Director for SC Association for Play Therapy. She has received numerous awards at the state, national, and international levels for her service to the counseling profession, and she has authored several published children's activity booklets.

**Susie Brown** (not pictured) is a Registered Play Therapist and LPC. Ms. Brown has experience as a school counselor working for 21 years at Lester Elementary School in Florence School District One in Florence SC. She taught two-and-a-half years in grades one through four. She is a past SCSCA President and Human Rights Chairperson. Ms. Brown is a favorite workshop presenter at SCSCA and SCCA conferences. She is able to provide practical interventions using play therapy to encourage all populations in her school.

**Lécole Johnson** (bottom left) is a Licensed Master Social Worker, who is in her second year as the Behavioral Health Counselor at Lester Elementary School in Florence School District One in Florence, SC. She works with students to help them function better emotionally and behaviorally at school through the use of therapeutic techniques, including play therapy strategies and consultation with teachers and staff in regards to behavior management in the classroom.



## Stewards of Children: Training for Adults on Resolving Child Sexual Abuse within Communities

Martha Tumblin, M.Ed., LISW-CP

Darkness to Light's Stewards of Children training is a revolutionary sexual abuse prevention training program that educates adults to prevent, recognize, and react responsibly to child sexual abuse, and this program motivates them to courageous action. The dynamic Stewards of Children program is designed for organizations that serve children and youth, and any and all adults interested in protecting children. Workshop participants will be provided with the Stewards of Children Training Workbook while participating in the actual 3-hour interactive, video-driven, evidence-based Stewards of Children training, which will be facilitated by an Authorized Stewards of Children Facilitator. Participants will also receive a Stewards of Children Attendance Certificate.

**Martha Tumblin's** current professional interests include conducting community education and intervention initiatives and professional development trainings regarding prevention, intervention and treatment of child sexual abuse; addictive illness disorders; and healing processes for individuals, families, and communities. She especially loves facilitating continuing education workshops and has been training health-care professionals, counselors, educators, other professionals, and community members throughout the United States and Colombia, South America, since 1977. As a Community Consultant and an Authorized Stewards of Children (SOC) Facilitator and Instructor, Ms. Tumblin partnered with Darkness to Light during summer of 2006 to develop and implement the first ever Stewards of Children Back-to-School Preventathon for the Charleston, SC community. Thus far, the SOC Preventathon initiative has yielded over 4000 local adults developing their child sexual abuse prevention skills through the Stewards of Children training.

Prior to her 2004 retirement from the Medical University of SC, Ms. Tumblin spent 20 years on the faculty of the Department of Family Medicine, where she developed and coordinated the residency program's Addictive Illness Curriculum, contributed to the Behavioral Medicine Curriculum, and provided a clinical counseling practice for individuals, couples, and families. Her clinical work also included addictions counseling and coordination of family therapy services for the Institute of Psychiatry's Center for Drug and Alcohol Programs as well as Course Director for both Addictive Illness and Ethics courses for the College of Pharmacy and the university-wide humanities courses. Throughout her faculty tenure at MUSC, Ms. Tumblin's campus-wide educational, clinical, and counseling contributions focused on addictive illness and abuse, family systems, ethics, impaired professionals, and professional wellness/development. Before joining the MUSC faculty, Ms. Tumblin spent 6 years working as a family and addictions therapist in a community-based substance abuse treatment center and 4 years as a psychometrist conducting educational evaluations and school psychology assessments in a public school district.

## THURSDAY, FEBRUARY 5

1:00 PM – 4:00 PM



### Understanding the Needs of Families in the 21st Century

Helen Elliott Wheeler, M.Ed., LPC, NCC

The families of Ozzie and Harriet and Cliff and Claire Huckstable are a thing of the past. Today less than 50% of children under 18 will spend their entire life with both biological parents. More strikingly, as of the last census, nuclear families consisting of a mom, dad and their biological children living together amount to only about 25% of families. The workshop attendees will learn about the implications facing the helping professionals.

**Helen Wheeler**, a graduate (With Distinction) of the Citadel with a degree in Clinical Counseling, is the director and founder of the Center for Families. She has 20 years experience as a school teacher and is a trained Guardian ad Litem for DSS abuse and neglect cases as well as a Certified Family Court Mediator.



### Adlerian Supervision and Self Encouragement

Jane Lawther, Ph.D., LPC and Don Robinson, M.D.

Counselor supervisors and their supervisees are more effective when they are personally self assured and able to express confidence in their clients. Encouraging words and actions are the building blocks of Adlerian parenting, supervision, and a balanced life. This interactive session will draw in the strengths of the participants.



**Jane Lawther and Don Robinson**, a recognizable team, have presented interesting, interactive sessions to professional counseling organizations for over 25 years. **Don's** reputation as a renaissance man has

been established and honored over the years. He serves as a consultant in Occupational Medicine. As a physician with a law degree, his discussions of pre human history and astrophysics have stimulated his listeners for years. His lessons on the physiology of stress and anger have been enlightening professionals for years.

**Jane** is an accomplished facilitator and team builder as well as a Counselor Supervisor at Robinsons on Parallel. She enjoys retirement almost as much as she loved counseling middle school students and teaching graduate students and child care givers. She serves as secretary to the Board of Keep the Midlands Beautiful, volunteers and mentors at River Springs Elementary School in Irmo, and coordinates the recycling program at a nearby condominium complex.



### How to Get and S.T.A.Y. in the Positive Zone and I Finally Got It All Together, but I Forgot Where I Put It

Susan Miller, MLS, M.Ed.

The first session, **How to Get and S.T.A.Y. in the Positive Zone**, is a fun and motivational opening session, in which well-renowned Susan Miller focuses on the

Three "R's"— Responsibility, Resilience, and Recognition to help counselors S.T.A.Y. Positive for less stress and greater productivity. Attendees will learn:

- How to S.T.A.Y. Positive when dealing with change, tough times or tiresome tasks
- How to set realistic goals for greater job satisfaction
- How to handle back-stabbers, know-it-alls and steamrollers
- How to turn personal workspace into a Positive Zone where "Rise and Whiners" and negative gossip are NOT allowed!

The second session, **I Finally Got It All Together, but I Forgot Where I Put It**, will positively impact your life. Do you feel like you are running as fast as you can, but still falling behind? Susan feels your pain! Let the Re-Energizing Expert with two masters' degrees and a "B.A. in Burn-out" get you laughing out loud and give you valuable tips to take control of your stress. Attendees will learn:

- How to leave work at work and enjoy life to its fullest
- How to de-clutter your entire life and gain instant energy
- How to deal with procrastination in three great ways

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A native of Evanston, Illinois, Susan holds a Bachelor of Arts degree in Education and Theatre from Indiana University, a Master of Arts degree in Education, and a Master of Science degree in Library Science from Spalding University. She is President of Re-Energizing Communications, Inc.

For over fifteen years, Susan has spent every Saturday afternoon with a group of kids who live in Louisville's public housing projects. Susan started the "Saturday Club" to provide mentoring, encouragement, and fun for "at-risk" kids, grades 4-12. A professional member of the National Speakers Association, Susan has a home, husband and dog in Prospect, Kentucky; but mostly lives in airports!

## THURSDAY, FEBRUARY 5,

9:00 AM – 4:00 PM

(Lunch on your own from noon to one)



### Making Your Counseling Program More Effective, Efficient, and Viable

Neal Gray, Ph.D. and Gene Wright, Ph.D.

This workshop will address those issues which negatively impact student performance. The participants will identify barriers and issues generated from the School Report Card and other school generated data, develop strategies to address barriers, devise intervention plans to reduce them, discover strategies to include stakeholders in a collaborative guidance model, and find ways to measure the effectiveness of the school guidance program.



**Neal D. Gray** (top) is an Associate Professor at Eastern Kentucky University in the Department of

Counseling and Educational Psychology. Dr. Gray has experience both as a high school counselor and as a substance abuse counselor. His research interests include school counselor professional identity, substance abuse, and ethical and legal issues in school counselor supervision. In addition, he currently serves as the post-secondary vice president of the Kentucky School Counselor Association.

**Gene Wright** is an Associate Professor in the Educational Leadership Department at Eastern Kentucky University. Dr. Wright has served in many capacities in the public schools and with the Kentucky Department of Education. He is a former public school teacher, counselor, and administrator, and he teaches in the Leadership and Counseling Departments at Eastern Kentucky University. In addition, he has authored a book entitled *Kentucky Laws Relating to Minors*.

## SATURDAY, FEBRUARY 7

9:00 AM– 12:00 PM



### Stewards of Children: Training for Adults on Resolving Child Sexual Abuse within Communities

Martha Tumblin, M.Ed., LISW-CP

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Darkness to Light during summer of 2006 to develop and implement the first ever Stewards of Children Back-to-School Preventathon for the Charleston, SC community. Thus far, the SOC Preventathon initiative has yielded over 4000 local adults developing their child sexual abuse prevention skills through the Stewards of Children training.

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### Grief, Bereavement and Compassionate Caregiving

David L. Watkins, Ph.D., MSW

Grief is unique. No one grieves in the way you do. As compassionate caregivers, we are there to be with our clients and students in their "wilderness of grief." We are not to rescue them, show them the way out, compare our grief to theirs, give them answers to why they are grieving, or intellectualize their grief. We are to offer compassion, love, and empathy; we are not to attempt to make them feel better (being the "rescuer"). They are to teach us about their grief by our asking compassionate questions.

This presentation provides information on what to say to griever and mourners and what not to say, so that they are not at a loss for words. It also examines how normal grief differs from pathological grief and explores what compassionate caring has to offer by not attempting to do the griever's grief work.

**Dr. Watkins**, President of Watkins and Associates: Health Care Consultation and Trainers in Swansea, SC, holds a doctorate in Counseling Psychology and a Masters in Social Work and Theology. He has extensive experience as a private practice psychotherapist. His training has extended beyond the United States to Australia and New Zealand. Dr. Watkins brings a unique blend of science and theology to his training programs. He strives to coordinate body, mind, and spirit for an authentic wholeness.

## SCCA Conference Committee

Greetings from the 2009 SCCA Conference planning committee. We are enthusiastically planning stimulating learning opportunities and fun-filled activities for this year's attendees. Our conference theme is "Broadening the Horizon: Embracing a Global Society." We have witnessed an increase in global connectivity and integration in the economic, social, technological, cultural, political and ecological spheres of the world. Your continued pursuit of professional development, as you join us at the SCCA conference, is evidence of your commitment to be a participant in training leaders for a global society.

Our keynote speaker for this year's conference is Susan Miller. She presents exciting workshops on the "Positive Zone". Our conference is an effort to provide an opportunity for you to continue to build upon the knowledge you gained in your academic preparation programs and the experiences garnered from your successful careers. Our presenters will represent profession-

als and practitioners from across the counseling profession who have new and exciting practices and research to share.

The conference will "kick off" on Thursday with half-day and full-day workshops. Our breakout sessions will be held all day Friday and on Saturday morning. We urge you not to miss our awards luncheon on Friday and the President's breakfast on Saturday. An added feature for this year's conference will be "dancing with the stars" on Friday night. For you are our Stars. Spouses and significant others are invited to come join in the fun.

Our spring 2009 conference will again be held in Myrtle Beach. A wonderful place to get over the "holiday blues." Again, don't miss it. Let's make this the most unforgettable conference to date.

Dr. Philip Scriven  
SCCA President-Elect

# SC Counseling Association 45th Annual Conference: February 5-7, 2009

*Celebrating 45 Years of Excellence*

Myrtle Beach Marriott Resort at Grande Dunes

8400 Costa Verde Drive • Myrtle Beach, South Carolina 29572

Name (Last, First, MI) \_\_\_\_\_ Firm/School \_\_\_\_\_  
 Home Address \_\_\_\_\_ Business Address \_\_\_\_\_  
 City, State, Zip \_\_\_\_\_ City, State, Zip \_\_\_\_\_  
 Title/Position \_\_\_\_\_ Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_  
 E-mail \_\_\_\_\_

**SCCA DUES MUST BE PAID AFTER JULY 2008 TO PAY MEMBER FEES. MEMBERSHIP DUES ARE \$40.00 PAYABLE TO SCCA.**

Registration fee includes one luncheon\*, reception, one breakfast, and CE credits. **Mail this form to: Linwood Floyd, P.O. Box 723, Clinton, SC 29325**

Conference Registration by Membership Status		Preregistration Fee Postmarked by Jan. 31	On-Site Fee Postmarked After Jan. 31	Amount
Member		\$90	\$115	\$
Non-Member		\$130	\$155	\$
Student/Emeritus Member		\$70	\$90	\$
<b>Pre-Conference Workshops Thursday, February 5 (9:00 a.m. - Noon)</b>		<b>Member/Non-Member</b>	<b>Member/Non-Member</b>	
<b>A.</b>	Jennie P. Band, Ph.D. Tuning Up & Tuning In: The Therapeutic Use of Music	\$50 / \$75	\$60 / \$85	\$
<b>B.</b>	Norma Kimrey Colwell, Ed.S., Susie Brown, M.Ed., and Lécole Johnson, MSW Meeting the Counseling Needs of Primary and Elementary Students: Getting Started Using Play Therapy	\$50 / \$75	\$60 / \$85	\$
<b>C.</b>	Martha Tumblin, M.Ed., LISW-CP Stewards of Children: Training for Adults on Resolving Child Sexual Abuse within Communities	\$50 / \$75	\$60 / \$85	\$
<b>Pre-Conference Workshops Thursday, February 5 (1:00 p.m. - 4:00 p.m.)</b>		<b>Member/Non-Member</b>	<b>Member/Non-Member</b>	
<b>D.</b>	Helen Elliott Wheeler, M.Ed. Understanding the Needs of Families in the 21st Century	\$50 / \$75	\$60 / \$85	\$
<b>E.</b>	Jane Lawther, Ph.D. and Don Robinson, M.D. Adlerian Supervision and Self Encouragement	\$50 / \$75	\$60 / \$85	\$
<b>F.</b>	Susan Miller, M.A., M.Ed. How to Get and S.T.A.Y. in the Positive Zone, and I Finally Got It All Together, but I Forgot Where I Put It	\$50 / \$75	\$60 / \$85	\$
<b>Full Day Pre-Conference Workshops Thursday, February 5 (9:00 a.m. - Noon, 1:00 p.m. - 4:00 p.m.)</b>		<b>Member/Non-Member</b>	<b>Member/Non-Member</b>	
<b>G.</b>	Neal Gray, Ph.D. and Gene Wright, Ph.D. Making Your Counseling Program More Effective, Efficient and Viable	\$75 / \$100	\$85 / \$125	\$
<b>Post-Conference Workshops Saturday, February 7 (9:00 a.m. - Noon)</b>		<b>Member/Non-Member</b>	<b>Member/Non-Member</b>	
<b>H.</b>	Martha Tumblin, M.Ed., LISW-CP Stewards of Children: Training for Adults on Resolving Child Sexual Abuse within Communities	\$50 / \$75	\$60 / \$85	\$
<b>I.</b>	David L. Watkins, Ph.D. Grief, Bereavement and Compassionate Caregiving	\$50 / \$75	\$60 / \$85	\$
Additional Luncheon Ticket(s) (other than one included in registration fee)		_____ Tickets @ \$30 each:		\$
Additional Breakfast Ticket(s) (other than one included in registration fee)		_____ Tickets @ \$25 each:		\$
			<b>Total of Enclosed Check:</b>	\$

Fed. Tax ID# 076-036421

**\*On-site registrants are not guaranteed a luncheon ticket due to limited seating.**

Checks must accompany all purchase orders mailed after January 25, 2008, as purchase orders alone cannot be accepted as payment. **Purchase orders received onsite must have checks with them.** Continuing Education (CE) is provided by the South Carolina Counseling Association (SCCA). SCCA is recognized by the National Board of Certified Counselors and the S.C. Board for Counselors, Therapists, and Psycho-Educational Specialists to offer continuing education and abides by NBCC Guidelines. Contact hours may be used for renewal for LPCs, MFTs, and Psycho-Educational Specialists (Provider #P-069) and National Certified Counselors, National Certified School Counselors, other NCC specialty areas (NBCC Provider #2041) and may qualify for SDE teacher re-certification ([www.scteachers.org](http://www.scteachers.org)).

Only student members of SCCA qualify for student Conference rates. Graduate students must be enrolled full time with faculty verification to qualify as student members. Emeritus members must have been officially approved; if you believe you qualify, write to Linwood Cox Floyd, P.O. Box 723, Clinton, SC 29325. **General SCCA Conference Objective: The SCCA Conference participants will be able to assess counseling theories and techniques presented through lectures, experiences, and discussions, and then develop specific strategies to meet work setting goals.**

# SCHEDULE FOR THE 45TH SCCA CONFERENCE

## *Celebrating 45 Years of Excellence*

**February 5-7, 2009**

**Myrtle Beach Marriott Resort at Grande Dunes  
Myrtle Beach, South Carolina**

### **Thursday, February 5, 2009**

8:00 am – 9:00 am .....	Pre-Conference Registration Only
9:00 am – 11:00 am .....	Exhibit Set-Up
9:00 am – 12:00 pm.....	Pre-Conference Workshops
9:00 am – 4:00 pm.....	Full Day Pre-Conference Workshop
1:00 pm – 4:00 pm .....	Pre-Conference Workshops
1:00 pm – 6:00 pm .....	Exhibit Viewing
5:30 pm – 7:00 pm .....	SCCA Executive Council Dinner Meeting
6:00 pm – Until .....	Dinner on Your Own
7:30 pm – 8:30 pm .....	Conference Registration

### **Friday, February 6, 2009**

8:00 am – 10:00 am .....	Conference Registration and Voting
8:00 am – 11:30 am .....	Exhibit Viewing
8:15 am – 9:00 am .....	Opening Session/Legislative Update
9:15 am – 10:15 am .....	Program Session I
10:30 am – 11:30 am .....	Program Session II
11:30 am – 1:15 pm.....	Lunch
1:30 pm – 2:30 pm .....	Program Session III
1:30 pm – 6:00 pm .....	Exhibit Viewing/Voting
2:45 pm – 3:45 pm .....	Program Session IV
4:00 pm – 5:00 pm .....	Program Session V
5:30 pm – 6:30 pm .....	Dinner on Your Own

### **Saturday, February 7, 2009**

8:00 am.....	Presidential Breakfast (for all attendees)
8:30 am – 10:30 am .....	Registration and Voting Division Meetings as announced
9:00 am – 12:00 pm.....	Post Conference Supervision Workshops
9:30 am – 11:00 am .....	Program Session VI
11:00 am – 12:00 pm.....	SCCA Meeting/Election Results
1:00 pm – 4:00 pm .....	Post Conference Workshops

Continuing Education: SCCA is recognized by the National Board of Certified Counselors (Provider #2041) and the SC Board of Counselors, Therapists, and Psycho-Educational Specialists (Provider #P-069) and abides by the NBCC guidelines. SCCA Conference contract hours may qualify for certification and/or license renewal for **SC Teacher Certification, LPC's, MFT's, Psycho-Educational Specialists, National Certified Counselors, National Certified School Counselors, and other NBCC specialists.**



# SCCA 45th Annual Conference Hotel Reservations

February 5-7, 2009 • Myrtle Beach, SC

### Room Rate: \$112.00 (Single/Double)

Advanced Deposit Required: 1 night's room and 11% + \$1.00 per night per room Myrtle Beach Tax

**Hotel Reservation Deadline: January 12, 2009**

MAIN CONTACT / LAST NAME		FIRST NAME	MI
STREET ADDRESS		CITY	
STATE	ZIP	COUNTRY (US, Canada)	E-MAIL ADDRESS
DAYTIME TELEPHONE		FAX NUMBER	

### Room Type Request:

**Arrival Date:** \_\_\_\_\_ / \_\_\_\_\_ (Month / Day)   
  Single – 1 bed / 1-2 people   
  Handicap Accessible  
**Departure Date:** \_\_\_\_\_ / \_\_\_\_\_ (Month / Day)   
  Double – 2 beds / 3-4 people   
  Rollaway Bed  
 # of Rooms: \_\_\_\_\_   
  Adjoining Rooms

# of Adults: \_\_\_\_\_  
 Marriott Rewards Number: \_\_\_\_\_

Check in time is 4:00 pm  
 Check out time is 11:00 am  
 Self Parking is Complimentary  
 Valet Parking is \$18.00 per night

Group run-of-house rates have been negotiated.  
 However, we cannot guarantee bed-type, sleeping room  
 locations, or view. All accommodations are non-smoking.

#### No Show Policy:

**If a guest does not check in on the reserved check in date (and has not notified the hotel of any changes), the room will be subject to release. If the hotel is sold out over the remainder of the reserved dates, the hotel does not guarantee a room. The guest will be charged for the one night; if the room is not resold due to the no show, then the guest will be charged for the entire stay.**

#### Cancellation Policy:

**Group rooms must be canceled seven (7) days prior to arrival, or the credit card on file will be charged a one night's room and tax penalty. There are no exceptions.**

### Please charge my deposit to the following major credit card:

Card #: \_\_\_\_\_ Exp Date: \_\_\_\_\_  
**Must be valid through 3/09**  
 Name of Cardholder: \_\_\_\_\_ Authorized Signature: \_\_\_\_\_

**DEPOSIT – CONFIRMATION** - A deposit equal to one night's sleeping room rate by a major credit card (listed above) or a check is required to confirm your reservation. You should receive a written or email confirmation within 1 week. If you do not receive confirmation please call 1-800-644-2881. **Reservations cancelled less than seven (7) days prior to arrival date will be charged a fee equal to the first night's room rate.**

**PLEASE READ CAREFULLY and FAX or MAIL this completed form  
 along with deposit or credit card number per room to:  
 Marriott Resort at Grande Dunes • 8400 Costa Verde Drive • Myrtle Beach, SC 29572  
 Phone: (843) 449-8880 • Fax: (843) 692-3700**

# SOUTH CAROLINA COUNSELING ASSOCIATION

## LEADERSHIP DIRECTORY 2008-2009

### Executive Committee

#### PRESIDENT\*

Jan Janarella  
2635 Augusta Street  
Greenville, S. C. 29605  
864-232-4954 (H)  
864-355-8714 (O)  
joj1usa@netscape.net

#### PRESIDENT-ELECT

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#### PAST PRESIDENT\*

Anthony Brothers  
Post Office Box 2674  
Spartanburg, S. C. 29304  
864-583-3818 (H)  
864-595-4435 (O)  
abrothers@Spart7.k12.sc.us

#### SECRETARY

Yvette Kinlaw  
7 Churchill Downs  
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864-213-8092 (O)  
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#### TREASURER\*

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#### TREASURER-ELECT\*

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#### \*Voting Position

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# SOUTH CAROLINA COUNSELING ASSOCIATION

## LEADERSHIP DIRECTORY 2008-2009

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## Special Committees

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tfarr@sces.org

### SC TECHNICAL COLLEGE SYSTEM

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bumba@sctechsystem.com

## Are You Ready? An Ethics Quiz For Counselors

*By Ronald D. Miles, Ph.D., L.P.C. – SCCA Ethics Chairperson*

In most situations, adequate preparation is critical to success and, at times, survival. Unfortunately, many individuals do not review their situations until after a crisis or major event has occurred. Although “hindsight may be 20/20,” it often doesn’t work when handling personal and professional dilemmas. Do we only review our insurance policies after the tree falls on our automobile?

The same can be said for ethical standards. Do we only review the standards that govern our work after an emergency? Are we adequately prepared to handle an ethically sensitive issue? Take the following quiz and see if you are ready?

1. When was the last time that I read the ethical standards for my profession?
2. Have I participated in course work or additional training opportunities related to legal and ethical requirements related to my work?
3. How do I disseminate my professional ethical standards to my colleagues and co-workers?
4. How do I disseminate my professional ethical standards to my clients or students and their parents/guardians?
5. Do I understand the difference between “privileged information” and “confidentiality”? Do I know how these issues are addressed by South Carolina laws?
6. What procedures do I follow when dealing with an ethical dilemma?

# Call for Nominations for Officers of SCCA

My primary duty as Past President is to secure from the membership of SCCA nominations for President-Elect and Treasurer-Elect. According to the by-laws, officers must have been members of SCCA for at least two years and must be current members of SCCA and ACA. A candidate for President-Elect must also have served on the Executive Council for a minimum of one year in an elected or appointed position.

President-Elect requires a three year commitment, with designated duties for each year. The President-Elect has the primary responsibility for the annual convention and attends Southern Region Branch Assembly meetings. The President also attends Southern Region Branch Assembly meetings and conducts all meetings of the Executive Council and Executive Committee, as well as all business meetings of the association. Other duties are listed in the by-laws. The office of Treasurer-Elect requires a two year commitment – one year as Treasurer-Elect and one year as Treasurer. Both assist with registration duties at the convention. The Treasurer-Elect

performs the duties of the Treasurer when the Treasurer is absent and serves on the Budget and Finance Committee. The Treasurer serves as chairperson of the Budget and Finance Committee, delivers financial reports at meetings, and oversees payments to SCCA divisions. Other duties are listed in the by-laws.

If you would like to nominate someone to run for either of these offices, please check with that person to make sure he/she meets the requirements and is willing to take on these responsibilities. He/she may wish to read a copy of the by-laws first to be aware of all of the duties required. SCCA needs members who are willing to serve in a leadership capacity! Please fill out nomination form and return it to me at the address below by December 31st. Thanks for your help!

Jackie Hoagland  
812 S. Ocean Blvd., H-1  
Surfside Beach, SC 29575

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## South Carolina Counseling Association

### CALL FOR NOMINATIONS: CANDIDATES FOR OFFICE 2009-10 (Deadline December 31, 2008)

Nominee's Name \_\_\_\_\_

Work Address \_\_\_\_\_

Home Address \_\_\_\_\_

Work Phone \_\_\_\_\_ Home Phone \_\_\_\_\_ Email \_\_\_\_\_

Nominee for Office: (check one)                      \_\_\_\_\_ President-Elect                      \_\_\_\_\_ Treasurer-Elect

ACA Membership Status (check one)                      \_\_\_\_\_ Member                      \_\_\_\_\_ Membership Pending

SCCA Membership Status (check one)                      \_\_\_\_\_ Member                      \_\_\_\_\_ Membership Pending

SCCA Affiliation (Division, Regional Chapter, Committee): \_\_\_\_\_

Employment Background: \_\_\_\_\_

Prior Leadership Position(s) in SCCA, Regional Chapter, Divisions or Committees: \_\_\_\_\_

Note: Candidates for President-Elect must have previously served on the SCCA Executive Board prior to nomination. Your input as a member is valued and essential. Please nominate candidates that you have identified as exhibiting leadership potential and dedication to the counseling profession. SCCA needs your voice.

**Mail To:** Jackie Hoagland, 812 S. Ocean Boulevard, H-1; Surfside Beach, South Carolina 29575

## A Note From Your Awards Committee

Holiday Greetings from your SCCA Awards Chair! I would like to ask you to take a few minutes out of your busy schedule to nominate someone for an SCCA Award this year. Many of you may know counselors and/or administrators who do an outstanding job and deserve some recognition. Please look over the list of categories for nominations and consider nominating one of your colleagues. Thanks and have a great holiday!

Jackie Hoagland  
Awards Chair

## Call For South Carolina Counseling Association AWARD NOMINATIONS

*Nominations for South Carolina Counseling Association Awards will be considered in seven categories:*

1. Outstanding Counselor Award: This award is designed to recognize meritorious and exemplary service as a counselor. The recipient must be a current member of SCCA and at least one of its divisions. The recognized meritorious service should reflect contributions and service in the primary role as a counselor or closely related helping professional.
2. Outstanding Administrator Award: This award is designed to recognize outstanding service in the recipient's role as an administrator, which has had profound and lasting impact on the counseling and helping profession. While administrators from within the profession are obvious potential nominees, qualifications and experience as a counselor are not prerequisites to nomination.
3. Distinguished Professional Service Award: This award is designed to recognize outstanding service to promote the counseling profession. The recipient must be a current member of SCCA or have been an active member of SCCA for at least five consecutive years. The recognized service should show prolonged accomplishments.
4. Humanitarian Award: This award is designed to recognize a person who demonstrates exceptional caring for humanity without expectation or reward. The recipient must be both personally and professionally committed to humanitarian service.
5. Pioneer Award: This award is designed to recognize outstanding service to the profession and the general public over a relatively long time or for service rendered in the earlier years of the profession and/or SCCA. The recipient should have been recognized as a counselor or helping professional at the time of the "pioneer service."
6. Legislative Award: This award is designed to recognize a member of the state or national legislative branch of government who has made a substantial impact on the field of counseling.
7. Human Rights Award: This award is designed to recognize a counselor or helping professional who has demonstrated leadership and made major contributions in the area of human rights in South Carolina.

### ***Filing Deadline is December 31, 2008***

*Send nominations to:*

Jackie W. Hoagland: 812 South Ocean Blvd., Unit H-1, Surfside Beach, SC 29575.  
Phone Numbers: (H) 843-238-0899 (W) 843-650-5600, Ext. 3228

*The award nominations should be on 8 1/2 x 11 paper and include:*

1. A letter of support, limited to one page, summarizing the recommendation and supporting documentation. It must be signed by the nominator;
2. A page listing the essential demographic information of the nominee, including education level, sponsors, name of person responsible to see that the nominee is available, and a listing of outstanding contributions relevant to the particular award;
3. A listing of significant positions held, honors and recognitions, memberships, publications and/or creations.

The nomination and supporting documentation may be encased in an album, but the album will not be considered in the Award Committee's selections. These awards are for outstanding and exemplary service to the counseling profession and may not be given every year. The award winners may be nominated for national awards through ACA.

## 25th Anniversary of the SCSCA Annual Conference Held November 9-11 at the Marriott in Charleston, SC



The hope of SCSCA President, Dr. Don Keller, was that we leave “wowed” by the 25th Anniversary of the South Carolina School Counselor Association’s Annual Conference: “From Silver to Gold.” That is exactly what happened. Everyday held more excitement for our association, and wonderful participation at this conference made it the best-attended ever.

In the Opening Session, with The Honorable Mayor Larry Abernathy’s message, “It Ain’t Trauma: It’s Continuing Education”, we were inspired to take everything in life as a meaningful lesson and go with it – the good as well as the bad that happens to us.

Monday morning brought us 50 breakout sessions with many experts in the field of school counseling teaching us so much about our profession. The awards luncheon was the highlight of the celebration with a “From Silver to Gold” DVD presentation by President Don Keller; attendees joined in reminiscing about the last 25 years of leadership in SCSCA from 1984-2008. We celebrated and cried as we viewed the emotional events over the years and witnessed the hard work accomplished as we recognized past presidents with a token of our appreciation. Every attendee was given a copy of the DVD to take home. ASCA President Jim Bierma was the keynote speaker from Minneapolis, Minnesota; he gave unparalleled credit to his school counselor for his becoming the person he is today.

Great fore-runners such as Jim Kiser, Virginia Atkinson, and Norma Colwell were recognized with the Presidential Leadership Awards for their relentless service to the counseling profession. Also recognized for their dedicated service to school counselors were Linwood Floyd and Jennie Yon. To top off the Awards Luncheon, other recognitions included Jeff Phillips from Landrum Middle School, School Counselor of the Year; Dr. Johnny Sanders, Jr. from Winthrop University, Counselor Educator of the Year; and Judith B. Mobley, principal from Rock Hill High School, Administrator of the Year.

Tuesday, Veterans Day, began with a special service honoring our military with The Citadel Cadets presenting the colors and the US Army Captain Francisco being the keynote speaker. President Keller shared moving thoughts about his son in the Marines who just became a father.

Darkness to Light: Stewards of Children presented pre and post conference workshops to train school counselors to be D2L facilitators in schools. This training helps to meet the State Department of Education’s requirement that all faculty and staff receive a three-hour training designed to protect children from sexual abuse.

The 25th SCSCA Conference ended with a special “Making a Difference” ceremony inspiring everyone and telling every counselor that he/she makes a difference in someone’s life. Each participant received ribbons to take back to his/her school and give to someone else who has made a difference.

Next year, make plans to attend our conference, which will be held in Columbia, SC.

Jennie A. Yon  
SCSCA Past-President and Conference Chairperson



# Understanding and Creating Therapeutic Stories for Play Therapy

Featuring Presenter: Nancy Davis, Ph.D.

Co-Sponsored by SCCA

Hilton Garden Inn • Columbia, SC

Friday and Saturday, March 6-7, 2009



**Presenter: Nancy Davis, Ph.D.** is a clinical psychologist in private practice (20+ years), who specializes in treating post traumatic stress disorder, job-related trauma and traumatic loss and grief. She has treated hundreds of children, adolescents and adults who were victims of abuse, rape and domestic violence, as well as those who were traumatized by the death of a loved one. She has taught graduate students, spent 10 years as a school psychologist, and served as the FBI's Chief of Counseling Services for 3 years. She has also been qualified as an expert witness (in over 135 legal proceedings) in post traumatic stress disorder, child abuse, child sexual abuse, rape and domestic violence. Dr. Davis is the author of: *Therapeutic Stories to Heal Abused Children* (revised edition available soon) and *Therapeutic Stories that Teach and Heal*. She is completing *Multi-Sensory Trauma Processing: Understanding and Treating Post Traumatic Stress Disorder and Job-Related Trauma*. Her books and therapeutic stories have been translated into Norwegian, Russian, French, Chinese, Spanish, Dutch and Yiddish. **You can review Dr. Davis' website at: [www.therapeutic-stories.com](http://www.therapeutic-stories.com)**

**Who should Attend?** Mental Health Counselors, Psychologists, Psychiatrists, Social Workers, School Counselors, Marriage and Family Therapists, Play Therapists, Educators, Early Childhood Educators, Developmental Specialists, Psycho-Educational Specialists, Graduate Students, and other interested professionals.

**Overview** – This presentation will include the influence of brain development and function on children's behavior and how they can be integrated with play therapy interventions. Participants will learn how to creating their own original therapeutic stories for play therapy and how to change and personalize existing therapeutic stories for play therapy interventions



**Continuing Education: This conference carries 12 Contact Hours specific to Play Therapy. The SC Association for Play Therapy (APT Provider #99-061) and the SC Counseling Association (SCCA) provide Continuing Education. SCCA is recognized by NBCC (ACEP Permanent Provider # 2041) and the SC Board for Counselors, Therapists, Psycho-Educational Specialists (Permanent Provider # 069) to offer Continuing Education for LPC, MFT, Psycho-Educational**



Specialists, and National Certified Counselors. This Conference adheres to the guidelines of APT, NBCC and SC State Department of Education for Teacher Certification Renewal ([www.scteachers.org](http://www.scteachers.org)). SCAPT is responsible for the program content. \* **"Verification of Attendance Certificates" for NCCs and SC Teacher Re-Certification Renewal only is no charge for attending the SCAPT Business Meeting.**

**Conference Location: Hilton Garden Inn – 434 Columbiana Road; Irmo, SC**

**The Hilton Garden Inn is adjacent to SC Interstate-26. It is within walking distance of Columbiana Mall and many restaurants.** A block of rooms is being held at the special conference rate of **\$105**. Specify attendance at SCAPT Conference. For reservations call 1-800-445-8667 or direct to hotel at 1-803-407-6640 or [www.columbianaharbison.stayhgi.com](http://www.columbianaharbison.stayhgi.com)

**For information about the SCAPT Conference contact the SCAPT President, Deborah Armstrong-Hickey, Ph.D. at email: ([Deborah.Hickey@Capella.edu](mailto:Deborah.Hickey@Capella.edu)) or phone: (864) 552-9794(H) or (864) 593-2752 (cell)**

**SCAPT Website: [www.sca4pt.com](http://www.sca4pt.com)**

# South Carolina Counseling Association Membership Application 2008-2009

If you are currently a member, please update your dues statement mailed this summer. If you are a new member, please complete the form below.

Complete all items below:

(Mrs.) (Ms.) (Mr.) (Dr.) \_\_\_\_\_  
NAME LAST FIRST MIDDLE

HOME ADDRESS HOME PHONE

CITY STATE ZIP

PRESENT PLACE OF EMPLOYMENT (Name of School/Agency/Business) JOB TITLE (EX: Elem. Coun., Middle School Coun.)

WORK ADDRESS WORK PHONE

CITY STATE ZIP

\*E-MAIL ADDRESS

**Please circle** your currently held credentials: LPC / LMFT / NBCC / Other \_\_\_\_\_

Are you in private practice? Full-time / Part-time / No

How many years have you been a counselor? \_\_\_\_\_

Signature \_\_\_\_\_

**REMEMBER: MEMBERSHIP IN SCCA IS  
REQUIRED FOR DIVISIONAL MEMBERSHIP**

**Record Dues  
Below**

**CHECK ONE**

SCCA (Required) \$40.00 \$ 40.00  
(Student Rate \$20.00)\*

- NEW MEMBER
- RENEWAL
- ADDING ONE OR MORE DIVISIONS  
(Already a member of SCCA for 2008-2009)

**DIVISIONS:**

For student member, faculty verification is required:

(1) SCAMCD \$10.00 \$ \_\_\_\_\_  
(Associate & student members \$5.00)\*

\_\_\_\_\_  
Faculty signature

(2) SCSCA \$15.00 \$ \_\_\_\_\_  
(Student rate \$7.50)\*

\_\_\_\_\_  
Institution

(3) SCCDA \$10.00 \$ \_\_\_\_\_  
(Student rate \$5.00)\*

Number semester hours enrolled \_\_\_\_\_

(4) SCAHEAD \$2.00 \$ \_\_\_\_\_

**Make all checks for all dues payable to SCCA.**

(5) SCASGW \$4.00 \$ \_\_\_\_\_

**Mail to:** Mrs. Linwood C. Floyd  
SCCA Executive Secretary  
P.O. Box 723, Clinton, SC 29325  
\*E-Mail to: linwoodfloyd@yahoo.com

**TOTAL** \$ \_\_\_\_\_

It is important that professionals who affiliate with SCCA also join and become active in those divisions and interest groups that are closely allied with their work settings. Dues are collected for:

(1) **SC ASSOCIATION FOR MULTICULTURAL COUNSELING AND DEVELOPMENT (SCAMCD)**. SCAMCD is dedicated to the insurance of equality regarding the treatment, advancement, qualification and status of non-white individuals in personnel and guidance work. Programs emphasize all charitable, scientific and educational activities which are designed to assist and further the interest of non-whites.

(2) **SC SCHOOL COUNSELOR ASSOCIATION (SCSCA)**. SCSCA works to define and advance the role of the school counselor at all educational levels, elementary through post secondary.

(3) **SC CAREER DEVELOPMENT ASSOCIATION (SCCDA)**. SCCDA is concerned with the life-long use of people's knowledge abilities and skills. SCCDA seeks to gain recognition and status for career counseling and to improve skills, systems and standards of service in career counseling.

(4) **SC ASSOCIATION FOR HUMANISTIC EDUCATION AND DEVELOPMENT (SCAHEAD)**. SCAHEAD seeks to provide a forum for the exchange of information about humanistically oriented educational practices and to promote changes in education which reflect the growing body of knowledge about human development and potential.

(5) **SC ASSOCIATION FOR SPECIALISTS IN GROUP WORK (SCASGW)**. SCASGW seeks to assist and further interests of children, youth and adults by seeking to provide effective services through the group medium, to prevent problems, to provide maximum development and to remediate disabling behaviors.

## The National Consortium for State Guidance Leadership Announces Winners

Greenville Middle Academy became the fourth South Carolina middle school in six years to be named as the nation's top school for leadership excellence in exemplary career guidance programming.

The National Consortium for State Guidance Leadership (NCSGL) selected the school as the 2008 winner for its "ABC's of Career Awareness and Exploration Award," which recognizes the outstanding career guidance programs in the nation. The annual competition recognizes exemplary career awareness and exploration programs for students at the elementary and middle grade levels.

In 2006, two Charleston area schools, James Island & Ft. Johnson Middle Schools, shared the recognition. This year Greenville Middle Academy became the sixth Palmetto State school recognized by the NCSGL for excellence in career guidance. Newberry Middle School won the award in 2005. In 2004, Gilbert Middle School in Lexington District One won the first-place honor while Mellichamp Elementary School in Orangeburg District Five won Honorable Mention during the same year. In 2003, Spartanburg

District One's Campobello-Grambling School won Honorable Mention in the national competition.

The NCSGL award criteria are based on standards-based accountability, academic curriculum integration, basic skills, career awareness and exploration, and system structure. The criteria align closely with components of the No Child Left Behind legislation and outline the career guidance framework for student success. It reflects the increasing emphasis on high standards and student achievement for all students with the following program elements identified. The Guidance staff of Greenville Middle School will be recognized at the 2009 Education and Business Summit in Greenville in June 2009 with a plaque and free curriculum products.

The overview of Greenville Middle School's career guidance program can be viewed at [www.guidanceconsortium.com/projects/honorees.shtml](http://www.guidanceconsortium.com/projects/honorees.shtml)