

# The 21st SC Association for Play Therapy Annual Conference

September 14-15, 2018

LRADAC Education Center

2711 Colonial Drive, Columbia, SC 29203



## INTRODUCTION TO AUTPLAY THERAPY: A PLAY THERAPY AND BEHAVIORAL THERAPY APPROACH BOOKS AND BOARD GAMES: USING BOOKS AND BOARD GAMES IN PLAY THERAPY

12(APT APPROVED 99-061- CLOCK HOURS-CONTACT)

1(APT Approved 99-061-Clock Hours-Contact-Optional)

Co-Sponsored by South Carolina Counseling Association

Featuring Robert Jason Grant, EdD, LPC, RPT-S, CAS, Certified Autism Specialist



Jason Grant, EdD, LPC, NCC, RPT-S, CAS owns and operates a private clinic in Missouri that specializes in play therapy techniques with children, adolescents, adults, and families. Dr. Grant also specializes in working with Autism Spectrum Disorder, Neurodevelopmental Disorders, and Developmental Disabilities and is the creator of AutPlay® Therapy, an Autism treatment using Play Therapy, behavioral therapy, and relationship development approaches.

Dr. Grant has authored several publications and has written four books on the subjects of play therapy, Autism, and ADHD including the bestselling AutPlay Therapy book. Dr. Grant conducts various presentations and workshops on topics such as play therapy and Autism. Dr. Grant has conducted trainings and workshops throughout the United States and has presented at various area and national conferences including the American Counseling Association, the American Mental Health Counselors Association, and the Association for Play Therapy.

### Friday September 14, 2018

8:30- 8:45 Registration, CE Sign In and Coffee

8:45- 9:00 Announcements

9:00-10:30 Understanding ASD and neurodevelopmental disorders play deficits, and treatment approaches in play therapy

#### 10:30-10:45 Break

10:45-12:15 Understanding AutPlay Therapy, phases of treatment in play therapy, theoretical underpinnings, and parent involvement

12:15- 1:15 Lunch Onsite- SCAPT Business Meeting and Network-All Welcome

1:15- 2:45 Understanding AutPlay Therapy, phases of treatment, theoretical underpinnings, and parent involvement

2:45-3:00 Break

3:00- 4:30 Experiential play therapy interventions, session clips, and case example

4:30-5:00- Questions, Closing , Evaluation and Check Out



**DESCRIPTION:** This training presents an introduction to the AutPlay Therapy treatment approach, a Play Therapy and Behavioral Therapy approach to working with children and adolescents with autism spectrum disorder (ASD), neurodevelopmental disorders, and other developmental disabilities. The

phases of treatment, primary and secondary target goals, and parent involvement will be covered. Several play therapy interventions designed for children with ASD will also be presented through experiential participation, session clips, and case examples.

**OBJECTIVES: At the end of this training the participants will be able to**

- 1) learn about the components of AutPlay Therapy including the phases of treatment and parent/family involvement.
- 2) learn about the theoretical underpinnings of AutPlay Therapy including play therapy models and behavioral therapy.
- 3) demonstrate the assessment process in AutPlay Therapy, including conducting an autism screening.
- 4) understand play deficits and how to structure effective play therapy interventions for children with ASD.
- 5) understand the three primary and three secondary target treatment areas in AutPlay Therapy.
- 6) experience and learn several play therapy interventions used in AutPlay Therapy.

## **Saturday September 15, 2018 –Day Two**

### **Books and Board Games: Using Books and Board Games in Play Therapy**

#### **Saturday, September 15, 2018**

8:30 - 8:45 Saturday Registration, CE Sign In and Coffee

8:45 - 9:00 Coffee/questions

**9:00 – 10:30** Brief history and theory of Bibliotherapy, incorporating Bibliotherapy in play therapy. A look at a book and play therapy interventions – autism and anger issues.

**10:30-10:45 Break**

**10:45—12:15** A look at a book and play therapy interventions – grief, divorce, anxiety, and trauma.

**12:15 - 1:30 Working Lunch Onsite-Play Therapy Interactive Session (Optional)**

**1:30- 3:00** Incorporating board games into play therapy goals

**3:00-3:15 Break**

**3:15-4:45** Using popular and therapeutic games, creating a therapeutic board game.

**4:45-5:00 Questions, Closing, Evaluation, Check Out and Certificates will be emailed**

**Description:** Come prepared to dive into some books and board games and explore how both can be utilized in play therapy goals. This training will examine Bibliotherapy (the use of books in therapy) and play therapy. Several themed books such as those covering anger, autism, trauma, and grief will be presented with accompanying play therapy interventions. This training will also explore using popular and therapeutic board games in play therapy and each participant will have the opportunity to create their own therapeutic board game!

**Objectives: At the end of this training the participants will be able to**

- 1) understand the history and theory of Bibliotherapy.
- 2) learn ways to incorporate Bibliotherapy into play therapy treatment goals.
- 3) learn several play therapy interventions that incorporate books.
- 4) discover how to effectively incorporate board games in play therapy treatment goals.
- 5) engage in board game play (popular and therapeutic).
- 6) create therapeutic based board games to support play therapy sessions.

**OPTIONAL-PLAY THERAPY INTERACTIVE SESSION (12:30-1:30)**  
**1 Clock Hour CE Certificate Awarded for those participating only.**

**INTERACTIVE PLAY THERAPY SESSION:**

**DESCRIPTION:** This activity provides an opportunity for play therapists to share books that have therapeutic values with child clients. During the activity participants will have time to expand on the materials presented in the morning session on Bibliotherapy creating intervention strategies to incorporate into the play therapy sessions that can incite therapeutic progress. **Participants are asked to come prepared to share at least one book during this time that have therapeutic value in the playroom.**

**OBJECTIVE:** At the completion of this session participants will identify one play therapy intervention discussed during the activity that supports the therapeutic progress using Bibliotherapy.

**Facilitator:** Dawn White, LPC, RPT: Ms. White after 23 years as a science teacher in middle and high school classrooms in Chesterfield County, she embarked on a new professional path and started a second Master's degree at Columbia International University, completing a dual degree in clinical counseling and marriage and family therapy in 2010. It was during the second Child and Adolescent Therapy course in early 2010, that she attended her first SCAPT Conference and recognized how her experience as a teacher was being uniquely merged with her new career as a Licensed Professional Counselor. She began a small private practice in Chesterfield County in November 2010. Within two months she realized the value of the extra training in play therapy as over half her clientele were children and families. While she presently continues to practice privately, Dawn joined PFM Counseling in January 2013, as an in-house therapist at Palmetto Family Medicine in Cheraw. In February 2015, Dawn became a Registered Play Therapist, and she is in the final phase of certification as an Emotionally Focused Therapist. She serves as the current SCAPT President Elect

**CONTINUING EDUCATION INFORMATION:** To receive Continuing Education credit and a certificate for this event the participants must complete all sign in requests and return an evaluation at the end of each day at check out. Certificates will be disseminated after all requirements are reviewed.

**Continuing Education:** This event is sponsored by the SC Association for Play Therapy (APT Approved 99-06 ) and provides continuing education specific to play therapy with approval from the Association for Play Therapy (APT). This conference carries

**12 Continuing Education Clock Hour Credits (CONTACT )** and **1 Continuing Education Clock Hour Credit (CONTACT-Optional)** specific to Play Therapy. ([www.sca4pt.com](http://www.sca4pt.com))

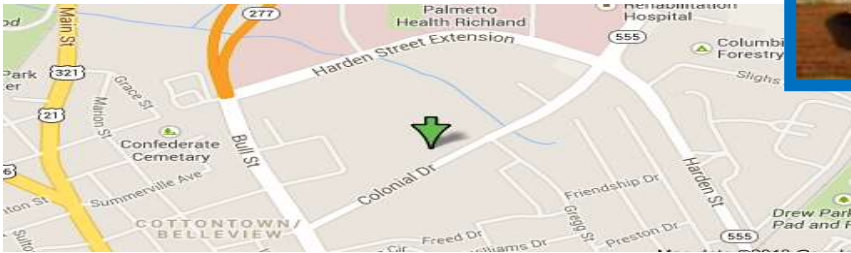


The **South Carolina Counseling Association (SCCA)** is co-sponsoring this conference. SCCA is recognized by the SC Department of Labor Licensing and Regulation, Division of Professional and Occupational Licensing, SC Board of Examiners for the Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists (**Provider #SNP.69**) to offer continuing education. For questions related to Continuing Education contact: Professional Development Chairperson at [sccabusiness@yahoo.com](mailto:sccabusiness@yahoo.com)

**Presenter's Books available on site for purchase.**

For information about the conference contact the SCAPT President  
Dr. Saundra Penn ([drsaudrapenn@gmail.com](mailto:drsaudrapenn@gmail.com) or 1-704-688-2761)

**Handicap Accessible and Tobacco Free Campus**



LRADAC Education Center (located at back of building and visitor's parking)  
2711 Colonial Drive, Columbia, SC 29203 (Near Richland Memorial Hospital Area)  
Visit the LRADAC Website: <http://www.lradac.org/> for more information and directions.

**Registration Includes:**

FREE Continuing Education Certificate, Morning Coffee, Snack & Lunch Both Days on Site

All participants must register on Eventbrite and  
the link is located on the SCAPT website ( [www.sca4pt.com](http://www.sca4pt.com) ).

**Conference Rate**

Number of Days Attending	APT Members	Non Members	Full Time Graduate Students
<input type="checkbox"/> I will attend both full days at	\$180.00	\$225.00	\$90.00
<input type="checkbox"/> I will attend only Friday at	\$110.00	\$135.00	\$55.00
<input type="checkbox"/> I will attend Saturday only	\$110.00	\$135.00	\$55.00

**Institutional discount will be approved when 8 people or more register at a time: \$150 per person for both days. Use the Register as a group function on Eventbrite!!**

**CANCELLATION POLICY:** Refunds (minus \$25 processing fee) can be made, if requested 7 days before date of workshop. In case of workshop cancellation, complete payment will be refunded.